Hume Region

Health and Aged Care Plan

2013 - 2018

Summary
Introduction

The Hume Region Health and Aged Care Plan takes an evidence-based population health planning approach to identify ways the health system can respond to the health needs of the people who live in Hume Region.

I am pleased to introduce the Hume Region Health and Aged Care Plan. The plan has been researched and constructed to provide guidance to health services and providers in Hume Region of Victoria and to add a regional context to state-wide policies and programs.

This plan responds to the changing context of the Australian health system and provides guidance for the next five years.

Merging all the prevailing policies and plans with local consultation was a key element in the development of the plan and key stakeholders participated in analysing the evidence and identifying regional priorities. Consultation included Department of Health programs and the Hume Health Services Partnership - a collaborative of Chief Executive Officers of health services, health organisations, Primary Care Partnerships and Medicare Locals.

A broad range of evidence was analysed to inform the plan including key population demographics, mapping of existing activity and a broad range of health data that presents a picture of the current health status of Hume Region residents.

I commend the population based approach to this plan and look forward to working together in partnership with Hume Region health care providers to implement actions against the six priority focus areas that will strengthen the health system and enhance health outcomes for the Hume Region population. As those who work in a rural or regional area well understand, principles such as partnership and cooperation, working as catchments rather than individual services, sharing of resources and sustainability of smaller services are key.

The full version of the Hume Region Health and Aged Care Plan is accessible on the Hume Region Health Planning Toolkit at: www.health.vic.gov.au/regions/hume/toolkit

Tony Dunn
Director Health and Aged Care
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Hume Region

14 February 2013
**What are the priority actions in Hume Region?**

Specific actions have been identified for implementation in the first year of the regional plan against each of the six priority focus areas:

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<th>Priority Action</th>
<th>Specific Actions</th>
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| **1. Increase the system's financial sustainability and productivity** | - establish Hume Sustainable Hospital Working Party to identify and implement activities/projects that support sustainability  
- support health services to respond to new pricing arrangements  
- focus on Statement of Priorities including links to regional priorities  
- expand Residential Aged Care Business Service Improvement Project across Hume Region  
- develop balanced scorecard approach to performance monitoring in primary health and Home and Community Care |
| **2. Improve prevention, early intervention and primary care response** | - maintain implementation of Integrated Health Promotion Strategy  
- maintain support for Municipal Health and Wellbeing planning  
- work with Medicare Locals on integrated service models for – chronic care, mental health, after hours support and prevention |
| **3. Develop regional and sub-regional plans and approaches** | - develop regional or sub-regional plans/approaches for delivery of maternity services, mental health, chronic care and other areas as identified  
- identify service capability frameworks for chronic care  
- support regional or sub-regional activities in governance, workforce and corporate partnerships |
| **4. Respond to ageing population** | - maintain work of Integrated Aged Care Collaborative  
- develop Ageing in Hume Profile and provide avenues to coordinate responses  
- support the public sector to respond to Commonwealth reform in aged care |
| **5. Respond to disadvantaged populations** | - continue implementation of Aboriginal health and Closing the Health Gap Plans  
- focus on needs of disadvantaged population groups in planning, performance monitoring and service delivery  
- participate in state-wide research on improving health literacy |
| **6. Implement continuous improvement and innovation** | - support innovations identified through the Hume Sustainable Hospitals Working Party and other appropriate mechanisms  
- develop regional e-health strategy  
- implement National Service Improvement Frameworks for chronic conditions  
- support innovative approaches to provision of after-hours services  
- support health services in meeting new quality and accreditation standards |
How do the regional actions address state-wide priorities?

The Hume Region priority actions address one or more of the seven state-wide priorities to improve the health system and health outcomes for the Hume Region population:

Develop a system that is responsive to people’s needs
- work with Medicare Locals on integrated service models for – chronic care, mental health, after hours support and prevention
- develop regional or sub-regional plans/approaches for delivery of maternity services, mental health, chronic care and other areas as identified
- identify service capability frameworks for chronic care
- maintain work of Integrated Aged Care Collaborative
- develop Ageing in Hume Profile and provide avenues to coordinate responses
- focus on needs of disadvantaged population groups in planning, performance monitoring and service delivery

Improving every Victorian’s health status and health experiences
- maintain the implementation of Integrated Health Promotion Strategy
- maintain support for Municipal Health and Wellbeing planning
- continue implementation of Aboriginal Health and Closing the Health Gap plans
- implement National service improvement frameworks for chronic conditions

Expanding service, workforce and system capacity
- support regional or sub-regional activities in governance, workforce and corporate partnerships
- support innovative approaches to provision of after-hours services
- participate in state-wide research on improving health literacy

Increasing the system’s financial sustainability and productivity
- establish Hume Sustainable Hospital Working Party to identify and implement activities/projects that support sustainability
- support regional or sub-regional activities in governance, workforce and corporate partnerships
- support health services in changes to new pricing
- focus on Statement of Priorities including links to regional priorities
- expand Residential Aged Care Business Service Improvement Project across Hume Region
- develop balanced scorecard approach to performance monitoring in primary health and HACC
- support the public sector to respond to Commonwealth reform in aged care

Implementing continuous improvements and innovation
- support innovations identified through the Hume Sustainable Hospitals Working Party and other appropriate mechanisms
- implement National Service Improvement Frameworks for chronic conditions
- support services in meeting new quality and accreditation standards

Increasing accountability and transparency
- focus on needs of disadvantaged population groups in planning, performance monitoring and service delivery
- focus on Statement of Priorities including links to regional priorities
- develop balanced scorecard approach to performance monitoring in primary health and HACC

Utilising e-health and communications technology
- develop regional e-health strategy